

Parents (or guardians) bear essential responsibility for the health, safety and well-being of the students. School personnel will work with parents (or guardians) to provide health education and care while the students are attending school so that they participate in the education process to their fullest potential.

1. Emergency Procedures
 - A. Emergency information on each student must be provided by parents (or guardians) to be placed on file in each school. This information should be submitted and signed by the parent (or guardian) immediately upon enrollment of a student. The parents (or guardians) are expected to provide updated information anytime any emergency information changes.
 - B. Emergency information shall include:
 1. Name of parent, guardian, and/or other responsible person(s), address, telephone numbers day and evening;
 2. The name and phone number of the family physician;
 3. Pertinent medical or physical conditions and instructions for handling the situation (e.g., seizures, severe allergies, diabetes);
 4. Name or other person in case parent/guardian cannot be reached.
 - C. A list of students with special health problems (diabetic, epileptic, severe allergy, etc.) as identified by the parents (or guardians) shall be maintained, along with directions for the care of the child if he/she becomes ill. These lists will be available to the teaching staff and should be considered confidential information.
 - D. The school shall have appropriate basic first-aid supplies available.
 - E. Minor first aid may be given by school personnel.
 - F. For more complex illnesses or injuries, the following procedures shall be followed:
 1. Give immediate temporary care, to the extent the employee feels qualified to do so.
 2. Arrange for immediate emergency medical attention, when appropriate.
 3. Notify parent (or guardian).
 4. Guide parent (or guardian), when necessary, to sources of treatment.
 - G. A student's parent (or guardian) is responsible for making arrangements for his/her medical care. This also includes transportation to the facility. If this is impractical, the school may make whatever arrangements seem necessary.

- H. Financial responsibility for transportation and associated health services will be borne by the parent (or guardian).
2. Exclusions and Readmissions
- A. Students or staff members may be excluded from school if they have a disease that the school physician determines is communicable at school and presents a significant health risk. (Also refer to policy JLCC: Communicable/Infectious Diseases.)
 - B. A doctor's permit to return to school may be required by the school committee when it is judged necessary.
 - C. The confidentiality of the student or staff member will be protected whenever possible.
3. Health Screenings & Immunizations
- A. Screening will be done for vision, hearing, and growth as required by Maine law.
 - B. Trained volunteers may do the initial vision and hearing screening.
 - C. Immunizations shall be required as necessary to implement the state immunization law. (Also refer to policy JLCB: Immunization of Students.)
 - D. Parents (or guardians) are strongly advised to gain a full understanding of the possible consequences for students, as well as the school and wider community before electing to enroll students who are not immunized or fully up-to-date on immunizations.
4. Physical Examinations
- A. Before entering school, all new students shall have proof of a physical examination completed within 6 months of the entrance date.
 - B. It shall be recommended to parents (or guardians) that children have a physical examination at the 4th and 8th grade levels.
 - C. Physical examinations may be required of students if health information warrants the need.
 - D. Financial responsibility for physical exams shall be borne by the parent (or guardian).

5. Medication

- A. In all reasonable situations, it shall be the responsibility of the parent (or guardian) and/or student to administer all medication(s) and to do so outside of school hours.
- B. In the event that no reasonable alternative exists, the parent/guardian may request in writing that medication be administered to the student during the school day.
- C. See policy Administering Medications to Students (code: JLCD) for further explanation, including parental requests, administration of medication during field trips and student self-administration of medication.

6. School Medical Consultant

A school medical consultant shall be designated for the school and shall advise the staff on school health issues, policies and practices.

7. School Nurse

It is the School Committee's intent to maintain a contract with the Division of Public Health Nursing in Rockland to provide school nurse services.

Adopted: spring, 1989

Revised: 02/25/15 by J. Stevens, M. Chioffi, & J. Weber